

Uniting Aged Care



*Your Choice - Our Priority*

## UAC Directory

At Uniting Aged Care (UAC)  
your choices are our priority  
now and as you get older

- you can choose to have services in your own home
- you may want day activities or day therapy
- you can choose a residential option: independent retirement living or residential care

Melbourne | Geelong | Bendigo | Tasmania



# Uniting Aged Care

As you get older, you may need a little or a lot of extra support depending on your health. Uniting Aged Care (UAC) has a range of services available for you to choose from.

## Starting point

Contact any UAC service and they will assist you to understand your options so you can choose the right service for your requirements.

## Eligibility for services

The Government's Aged Care Assessment Team (ACAT)<sup>1</sup> will let you know what services you are eligible for after a formal assessment process. Your local doctor or any UAC site can assist you to gain an assessment.

You will not need an ACAT assessment to move into an independent retirement unit.

## Choices at Home

You can stay in your own home as you grow older with the assistance of community care packages. These packages provide different levels of care, from home duties and shopping, to assistance with nursing and dementia care.

## Choices of Activities

You may want support of a social or therapeutic kind. Many activities are available for clients and carers.

## Choices for Housing and Residential Services

You have residential options available for independent retirement living or for residential care depending on health.

Some rental housing may be available for those who cannot afford to own their retirement home.

**For an introduction to aged services in Australia visit [www.agedcareaustralia.gov.au](http://www.agedcareaustralia.gov.au)**  
**For details of UAC services visit [www.uacvt.org.au](http://www.uacvt.org.au)**  
**Or contact your nearest UAC site.**

1. Known as Aged Care Assessment Service (ACAS) in Victoria



## RESIDENTIAL CARE

### Melbourne

**Box Hill\*** 9843 2200

**Brighton** Girrawheen\* 9596 2914

### Camberwell

Condare Court 9809 1558

Tanderra\* 9836 1565

### Forest Hill

Strathdon 9845 3111

Eastern Health Transition Care 9845 3144

**Hawthorn** Sefton Lodge 9818 7519

**Kew** Carnsworth 9862 0000

**Kingsville** 9680 0400

**Noble Park** 9554 0700

**Wyndham Vale** Manor Lakes 9742 7201

### Bendigo

**Bendigo** Strath-Haven\* 5434 3000

### Geelong

#### Belmont

Kalkee-Murray 5243 9566

Kalkee-Nangattta\* 5243 6688

### North Tasmania

**Kings Meadows** Aldersgate\* 6341 1400

**Latrobe** Strathdevon 6426 2844

**Newnham** Aldersgate Village 6323 8200

### South Tasmania

**Berriedale** Strathglen 6249 8766

**Mornington** Lillian Martin 6282 1111

**Rosetta** Strathaven 6208 3208

#### Sandy Bay

Queenborough Rise

Queenborough Rise –

Extra Services 6283 4000

**Sorell** Ningana 6269 1000

## UNITS

### Melbourne

**Bentleigh** Valkstone 9596 2914

**Burwood** Nangare 9845 3126

**Camberwell** Condare Court 9809 1558

**Forest Hill** Strathdon 9845 3139

**Kingsville** Amarco Apartments 9680 0500

**Mt Waverley** Yernga 9845 3139

### Bendigo

**White Hills** White Hills Haven 5434 3000

### Geelong

**Belmont** Kalkee

Costa Court Serviced Apartments 5243 9566

### North Tasmania

#### Latrobe

Strathdevon

#### Georgetown

Denison Court

#### Newnham

Aldersgate Village

#### Perth

Glenrowan Village

#### South Launceston

Wesley Court 6341 1400

### South Tasmania

#### Berriedale

Strathglen Mews

#### Kingston

#### Montrose

#### Mornington

Lillian Martin

#### New Town

#### Sorell

Ningana

#### Sandy Bay

Queenborough Rise 6208 3208

\*Offers residential respite care



## SOCIAL SUPPORT

### Melbourne

<b>Box Hill</b> Kangerong Centre	9898 7405
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<b>Brighton</b> Girrawheen Centre	9596 0347
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<b>Forest Hill</b> Mingara Day Activity Centre	9845 3113
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<b>Kingsville</b> Kingsville Centre	9680 0400
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<b>Hawthorn</b> Auburn Centre Sefton Club	9818 4484 9818 1829
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<b>Moorabbin</b> Leighmoor Centre	9532 1094
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<b>Noble Park</b> Currawong Community Centre	9554 0700
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### Geelong

<b>Belmont</b> Kalkee Day Respite	5243 1746
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### South Tasmania

<b>Mornington</b> Lillian Martin The Cottage Club	6282 1150
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## COMMUNITY RESPITE SERVICES

### Melbourne

<b>Eastern Metro Region</b> Flexible Respite	9845 3143
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<b>Southern Metro Region</b> Flexible Respite	9554 0700
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### Geelong

<b>Kalkee Day Respite</b>	5243 1746
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### Bendigo

<b>Strath-Haven</b> Community Programs	5434 3030
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<b>White Hills</b> Seven Hills Respite Cottage	5434 3030
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### South Tasmania

<b>Mornington</b> Lillian Martin The Cottage Club	6282 1150
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## HOME CARE SERVICES

(CACP, EACH, EACH-D, CDC\*\*)

Contact the provider for your local area

### Melbourne

<b>North West Community Programs (CACP, EACH)</b> Brimbank, Hobson's Bay, Melbourne, Melton, Maribyrnong Moonee Valley, Wyndham	9680 0400
<b>Noble Park In-home Services (CACP, EACH, EACH D)</b> Bayside, Cardinia, Casey, Dandenong, Frankston, Glen Eira, Kingston, Mornington, Port Phillip, Stonnington	8790 5177
<b>Strathdon Community Programs (CACP, EACH D)</b> Boroondara, Knox, Monash, Whitehorse	9845 3114

### Bendigo

<b>Strath-Haven Community Programs (CACP)</b> Greater Bendigo, Macedon Ranges	5434 3030
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### Geelong

<b>Kalkee Community Programs (CACP, EACH, EACH D)</b> Greater Geelong, Golden Plains	5243 9566
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### North Tasmania

<b>North Tasmania Community Programs (CACP, EACH, EACH D)</b>	6343 3933
<b>Strathdevon Community Programs (CACP)</b>	6426 2844

### South Tasmania

<b>South Tasmania Community Programs (CACP, EACH, EACH D)</b>	
<b>Eastern Shore</b>	6282 1180
<b>Western Shore</b>	6208 3208

## DAY THERAPY CENTRES

Contact the provider for your local area

### Melbourne

<b>Forest Hill</b> Strathdon Day Therapy Centre	9845 3114
<b>Hawthorn</b> Elgin Street Centre	9815 0155
<b>Noble Park</b> Currawong Community Centre	9554 0700
<b>Oakleigh</b> Oakleigh Rehabilitation Programs	9568 0466
<b>West Preston</b> Lumeah Day Therapy Centre	9416 8433

\*\*CACP: Community Aged Care Packages  
EACH: Extended Aged Care at Home Packages  
EACH-D: Extended Aged Care at Home – Dementia Packages  
CDC: Consumer Directed Care Packages

Uniting Aged Care is an organisation  
of the Uniting Church in Australia

For details visit [www.uacvt.org.au](http://www.uacvt.org.au)

**UAC Head office**

Level 6, 130 Little Collins St  
Melbourne VIC 3000  
(03) 9251 5990  
[unitingagedcare@uacvt.org.au](mailto:unitingagedcare@uacvt.org.au)

**UAC Regional offices**

**Victoria**

East Communities (03) 9845 3115

West Communities (03) 5243 9566

**Tasmania**

Tasmania Communities (03) 6208 3206



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