

## About Uniting Aged Care

Uniting Aged Care Victoria & Tasmania is a leader in the provision of quality aged care services.

As a not-for-profit organisation of the Uniting Church in Australia we continue the Church's long history of providing care to older people.

We offer a full range of services including: residential aged care, day therapy services, planned activity groups, respite care and community aged care packages. We also offer retirement living unit accommodation.

Uniting Aged Care is located throughout metropolitan Melbourne, Geelong, Bendigo and northern and southern Tasmania.

## Our vision

Our vision is to work together to ensure Uniting Aged Care Victoria & Tasmania, is a leader in the provision of creative options for older people. In doing so, we seek to value the individual and build community.



### Uniting Aged Care Victoria & Tasmania

Contact a Uniting Aged Care Volunteer Coordinator near you:

Belmont	<b>Kalkee Community</b> 95 Francis Street	5243 9566
West Preston	<b>Lumeah Day Therapy</b> 78 Bruce Street	9416 8433
Wyndham Vale	<b>Manor Lakes</b> 15 Buffalo Crescent	9742 7201
Ascot Vale	<b>Marivale</b> 69-73 Epsom Road	9375 2007
Bendigo	<b>Strath-Haven</b> 131-149 Condon Street	5434 3000

#### West Victoria Regional office

Telephone: (03) 9251 5487  
Fax: (03) 9251 5971  
Email: [westvictoria@uacvt.org.au](mailto:westvictoria@uacvt.org.au)  
Website: [www.uacvt.org.au](http://www.uacvt.org.au)



Uniting Church in Australia  
SYNOD OF VICTORIA AND TASMANIA

Uniting Aged Care



## Volunteering



Share the experience



## Uniting Aged Care volunteers

We need support from people in the local community to assist us to provide care to residents and clients.

When you help Uniting Aged Care as a volunteer, you offer a hand of support that can make a positive difference to the lives of others.

Many people who volunteer with Uniting Aged Care tell us that knowing they can help others and be involved in their community is rewarding and satisfying.

Our volunteers report a great sense of satisfaction and joy in developing new skills, gaining work experience, making new friends and simply having fun!

## How can you help?

Volunteers are encouraged to be involved in activities they feel comfortable with and enjoy.

The time you give is entirely up to you. Depending on the type of activity you wish to become involved in, you can volunteer once a week, one or twice a month, or you can be involved in a project that runs for a number of weeks each year.

Your skills, expertise, enthusiasm and new ideas are important to us as they help us to deliver care to our clients and residents, to develop opportunities for interaction and to keep residents actively involved with their local community.

## Volunteer activities

Uniting Aged Care volunteers are needed to assist with the following activities:

### Leisure and lifestyle

Visiting, escorted walks, movie/theatre companion, letter writing, reading, listening to music, transport, escorted shopping, discussion groups, knitting groups, arts and crafts, wood-working, floral arranging, assisting on bus trips, grooming and beauty care.

### Providing entertainment

Singing, music, information sessions, demonstrations and guest speakers.

### Services

Administration, fundraising events, kiosk and trash and treasure sales, library assistance, sewing and mending for residents, assisting with gardening.

### Assisting paramedical staff

Physiotherapy, occupational therapy, speech therapy, podiatry, hydrotherapy, rehabilitation and socialisation groups and assistance in Day Therapy Centres and Day Centres.

We are always open to new ideas from volunteers who have life experiences or skills to share which may be of interest to our clients and residents. Please feel welcome to share your suggestions with our staff.



I enjoy meeting people and helping out as much as I can. We meet people from all walks of life which I love.

Colleen O'Connor,  
Volunteer, Kalkee Korner Shoppe,  
Geelong



"Volunteering has helped me to learn about the things that interest me. I have a career goal I didn't have when I started volunteering."

Glenn Scott,  
Volunteer, Strath-Haven, Bendigo



"Its great to be involved and feel I am able to really help."

Kim and Cindy,  
Volunteers, Strathdon  
Community, Forest Hill



"I enjoy the kind and caring environment here. It makes volunteering fun and rewarding."

Robert Nelms and John Pittman,  
Volunteers, Aldersgate Kings Meadows