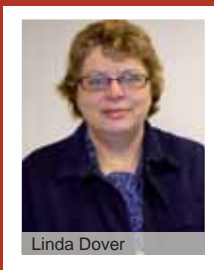




# Strathdon *Link*

Uniting Aged Care - Strathdon Community **newsletter**

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Linda Dover

## Message from the Site Manager

As we celebrate Spring and the approaching Summer, it has been wonderful to get out and enjoy our gardens with our community. The Strathdon Fete provided clients, staff, volunteers, families, church members and the broader community an opportunity to come together for a cause. It was a highly successful day where old friends caught up with each other, new friends joined us and all had a wonderful time and plenty to eat. I would like to thank all of those who participated for their enthusiasm and loyal support and, in particular, the Fete Committee for their hard work.

Our community is expanding with Nursing students now spending extended periods of placement with us in the Nursing Home and McGarvie Hostel. Students come here from Australian Catholic University, Swinburne University, and Health Skills Australia (see p4). They are accompanied by a clinical teacher and work with our staff to learn about care of older people. They help us to sustain a culture of learning, with students asking questions and everyone needing to think about why and how we provide care. The residents receive extra attention and often develop strong friendships with students.

For some time our community has welcomed local school students for various projects. We are currently working with Whitehorse Council, local schools and our Uniting Aged Care Victoria and Tasmania community to progress our intergenerational

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## Foothills fete spectacular

The Strathdon Fete is a special day, where many hours of preparation produce a vast array of handcrafts, homemade goodies and an extensive range of activities for the local community.

It brings together staff, volunteers, friends, families and residents who welcome our wider community to enjoy the festivities.

Our thanks go especially to Netta Fuller for her organisation and outstanding contribution to make the day a success. Volunteers, staff and the Foothills Auxiliary worked together to raise funds for Strathdon.

Emma Petterlin, a member of staff said, "I had a fantastic day. There was a great variety of things to see, do and buy. The animal farm was very popular with the children and the day was well attended by seniors in our community. I went home with homemade sausage rolls, Christmas and birthday gifts and a beautiful handcrafted vase."



Pat Cox assisting at a stall.



Elizabeth from the Blackburn South Girl Guides enjoys feeding the baby goats.

## Tristan's run

Although Tristan was disappointed with his time of 4 hours 12 minutes in the Melbourne Marathon, we congratulate him for a fantastic effort and for raising funds for Strathdon Community.

Tristan gained sponsorship from his family and friends who donated more than \$1,000.

We thank the Lord Mayor's Charitable Foundation for assisting with online donations to the **Strathdon Community Perpetual Trust**.



Tristan Beranger

## A gift for today and tomorrow

All gifts to the **Strathdon Community Perpetual Trust** of \$2 or more are tax deductible. **Enquiries: 9845 3105**

Please donate online at:

**www.lmcf.org.au** and click on **Fundraising** and **Donate Now**.

Fill in your details and select campaign: **Strathdon Community Perpetual Trust**.



## Vale Trevor Robert Nixon MBE

Long serving Strathdon volunteer and philanthropist, Trevor Nixon sadly passed away on 8 September 2010.

Trevor, a retired civil engineer was appointed a member of the Strathdon Lodge Appeal Committee in 1990. In 1993 he was Chairman of the 25th Anniversary Committee and from 1994 was the Volunteer Co-ordinator for several years. He was Chairman of the Development Committee until August 1998 and then remained as a member. His significant role on the Development Committee was key to the \$20 million redevelopment of the Strathdon Community site that was completed in 2004. Trevor was a member of the Glen Waverley Uniting Church with his wife, Dora.

Up until his death, Trevor was a member of the Events Committee (a sub-committee of the Communications & Fundraising Committee) and had an active role in fundraising events such as the Annual Art Exhibition, Children's Art Competition, Cruden Farm, open gardens and concerts. Trevor was also a member of the Anniversary Guild. His contribution to Strathdon over many years has been significant.



Mr Trevor Nixon

"Trevor was a person of great integrity and wisdom. He gave his time and assistance with expertise and with an attitude of humility. He would never let you down."

*Ann Chan, Communications & Fundraising Manager*

We extend our sincere sympathy to Trevor's wife Dora, sons Richard, Andrew, Michael and families.

### From page 1: Site Manager Message

partnerships. We look forward to participating with Forest Hill Secondary College in a project involving discussions between students and residents about issues that young people face with the view that older people are able to contribute their experience and wisdom. Opportunities to give back to the community are very important to our clients. The ability to give is a precious component of maintaining independence. Lorna

Vissaritis, the Lifestyle and Volunteer Co-ordinator will continue to develop these projects.

I would like to wish all of the Community a happy and safe holiday season, thank all of you for the support that the staff and management have received and look forward to continuing to work with you to further grow our Strathdon Community.



## Community Bus Appeal

### NEWS

The response has been terrific from donors. The bus will be purchased using funds available from Strathdon Fundraising.

The Community Bus project will commence in February 2011.

Donations are still needed to meet the ongoing costs of the project.

Donations can be made online:  
**[www.givenow.com.au/strathdoncommunitybus](http://www.givenow.com.au/strathdoncommunitybus)**  
Phone: **9845 3105** or in person

Volunteer drivers are needed. If you think that this is something you can do, please register your interest with Lorna Vissaritis Ph: 9845 3130.

## News from the facility council

In response to the Community Group Discussion in June, the Facility Council will be reconstituted in 2011. We look forward to forming a new committee with broader representation from the community.



## from the kiosk

Since July this year, the kiosk has been operated in partnership with Strathdon management and the Foothills Auxiliary. Karen Allen has been appointed to manage the kiosk and support our many dedicated volunteers.

Karen has a background in retail management and hospitality. She has commenced this role with great enthusiasm and is enjoying meeting everyone. Drop by and say "hi" have a coffee and be tempted by the tasty cakes and slices.

Uniting Aged Care Victoria and Tasmania is the largest not-for-profit provider of quality aged care services in Victoria and Tasmania. We are an organisation of the Uniting Church in Australia, continuing the Church's long history of providing care to older people. We are also a part of the Uniting Church's national UnitingCare network.

Regional Manager East Victoria: Ms Carol Fountain

Reception / Admissions  
17 Jolimont Rd, Forest Hill 3131 8.30am-4.30pm Mon-Fri  
Phone: 9845 3111 Fax: 9894 3489

Residential Services  
Nursing Home and Transition Care: 9 Jolimont Rd, Forest Hill  
Hostels: 15 & 17-23 Jolimont Rd, Forest Hill  
Independent Living Units:  
10 Cherry St, Forest Hill | 1 Quentin St, Forest Hill  
Yeronga 32-42 Larch Cres, Mt Waverley

Community Services  
Community Care Packages, Day Therapy Centre & Mingara Day Activity Centre: 9 Jolimont Rd, Forest Hill

Email: [strathdon.info@uacvt.org.au](mailto:strathdon.info@uacvt.org.au)  
[www.strathdon.org.au](http://www.strathdon.org.au) [www.uacvt.org.au](http://www.uacvt.org.au)

## Chaplain's Christmas message



Rev Steve Crump

### A Blessing of the Christmas Child

*Travel safely,  
And may you find your stable with a  
manger and a child.  
Listen carefully,  
And hear the child cry to you  
And take him to your heart.*

*Watch closely,  
And see the guiding light  
That shows you the road to travel.*

*And as you listen for the cry  
And watch for the light on your journey  
Feel the presence of hope,  
peace and love  
With the blessing of the Father, Son  
and the Holy Spirit  
Within you, beside you and before you.  
Amen*

Richard Belcher. (copyright Geoffrey Duncan: "A World of Blessing", Canterbury Press Norwich; 2000, Norwich England).

In this season of Advent we wait, with hope filled expectation for Jesus to be born among us. In this Holy Season we are given time to reflect on the incarnation of Jesus, how it is that God is made present to us in the promise and birth of Jesus Christ, Emmanuel, "God with us".

I offer you the following Christmas blessing.

Steve Crump, Chaplain



## Christmas Church Services

### Saturday 25 December Christmas Day

10am Matheson Memorial Chapel

### Sunday 26 December Boxing Day

10.30am Matheson Memorial Chapel  
1.30pm Glastonbury Lounge,  
Nursing Home

## Strathdon staff in focus



Emma Beddome



Christine Rozeena



Emily Muir

We welcome new staff member, **Emma Beddome** and welcome back **Christine Rozeena** who both work in the central kitchen at Strathdon.

We also welcome three new team members to the Lifestyle Department; **Janice Mendoza** in McGarvie Hostel and **Melinda Shiperlee** and **Lesieli Taufa** who are both working in the Nursing Home.

We farewell, **Sharon Aveling** Nursing Home Manager who transferred to this position from Sefton Lodge in January and very quickly created a change in

atmosphere and standards with her approachable style. Her calm and positive approach has had a significant impact on staff and residents. She will be missed. We thank Sharon for her hard work. She is moving to manage a new facility and we wish her well in her new role.

**Emily Muir** from the Communications & Fundraising department has commenced a full-time position in the city office as Web Services Administrator. We wish her well and miss her lively participation in events and her photographic skills.



Chau Mach

Chau Mach is a well known resident of Strathdon and worships at Forest Hill Uniting Church. She has preached on six occasions and has completed all the requirements for accreditation as a lay preacher. This includes six academic units in New Testament and Old Testament, Theology, Christology and Worship, and Preaching.

Chau will be presented to the Presbytery of Yarra Yarra to be accepted as fulfilling the requirements for the Certificate of Lay Preacher.

There will be a "Recognition" service at the Forest Hill Uniting Church, 333A Canterbury Rd, Forest Hill at a date to be advised.

Congratulations Chau.

## Do you wish to save paper?

You can receive the Strathdon Link newsletter via email.

Please email [strathdon.fundraising@uacvt.org.au](mailto:strathdon.fundraising@uacvt.org.au) to update your mailing options.

This newsletter has been printed on  
ISO14001 certified,  
chlorine - free recycled paper.

## Upcoming Events

Community Group Discussion  
23 November, 10 to 11 am  
Strathdon Community Centre

### Where to from here?

This meeting is following on from our initial group discussion held in June. The report included with this newsletter will be discussed. Morning tea is provided.

**All welcome**

Pancake Day  
8 March 2011, 10am to 1pm  
Strathdon Community Centre

8th Annual Art Exhibition  
1-3 April 2011  
Strathdon Community Centre  
Featuring the exceptional work of Guest Artist, Wendi Seymour, prize winner in 2010 for *Desire* (pictured below right).

Artist Entry Forms are available from [ann.chan@uacvt.org.au](mailto:ann.chan@uacvt.org.au)

**Event Information: 9845 3105**

## Acknowledgements

### Comfort is key

A reclining shower chair has been purchased for the Nursing Home that offers the best support and comfort for residents. This was made possible by a grant from the Lord Mayor's Charitable Foundation.

### Warm rugs benefit

Beautiful crochet rugs have been received from the Craft Group of the Combined Probus Club of Whitehorse and knitted rugs from the StJames Uniting Church in Wattle Park. We thank both of these groups for donations that are greatly appreciated by residents.

**Strathdon Community thanks all donors and contributors.**

## Seniors Week and 'Viva Las Vegas'

Many events were planned for the Victorian Seniors Festival Week and included a bus outing to Ringwood Lake, singalongs, Mama Mia movie and a concert from Johnny, a.k.a. "Elvis" on the 7th October. Clients, residents and staff all joined in, singing, clapping and dancing to well-known Elvis songs.



"Elvis" with Audrey Sobczyk



## 7th Annual Children's Art Competition & Show

This was another terrific show with seven local schools participating and was made possible by great support from parents, grandparents, friends and teachers. Richard Sluggett from Wesley College Glen Waverley had the difficult task of judging the winners and gave some thoughtful feedback about each prize winner's work. The overall school prize for \$150 was awarded to Parkmore P.S. for their excellent puppet display. "The depth of detail and skill exhibited in each puppet is wonderful," said Richard.



L to R: Mr Richard Sluggett, Wesley College; Vivian Luh, Camelot Rise P.S. Winner Prep - 4 category and Sir Arvi Parbo.

We thank the many volunteers that assisted with the art show. Robert and Wendy Syme helped at the admission table (see right).



Wendy and Robert Syme, volunteers.



*Desire* by Wendi Seymour

## Health Skills Aust. nursing students



L to R back: Ebony, Jemma, Chris, Chris, Frances Sofo (Clinical Co-ordinator). Front: Ashleigh and Kim (Renee not pictured.)