



Uniting Aged Care

# Strathdon *Link*

*providing quality residential and community services to the aged*

VOL.26 NO.3 SEPTEMBER 2007

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## Mingara HACC audit

Mingara Day Activity Centre was assessed by the Australian Healthcare Associates (AHA) on 11 July 2007 achieving a very high level of success. AHA was appointed by the Department of Human Services to conduct independent assessments against the National Service Standards Instruments (NSSI) of organisations providing HACC services to clients throughout Victoria. Mingara is a HACC funded program.

As expected, the result (of the audit) has been rewarding and fulfilling as it took a great deal of energy, staff commitment and a tremendous effort to ensure that our system and processes were updated and reviewed regularly to be fully compliant with the HACC standards. This achievement had been made possible due to the exemplary contribution of the Community Programs Staff and the on going support provided by the Strathdon Senior Management, who are committed to

the provision of the best possible quality care for our clients and residents.

## What is HACC?

The Home and Community Care (HACC) Program is a central element of the Australian Government's aged care policy, providing community care services to frail aged and younger people with disabilities, and their carers.

The aims of the HACC Program are:

- to provide a comprehensive, co-ordinated and integrated range of basic maintenance and support services for frail aged people, people with a disability and their carers; and
- to support these people to be more independent at home and in the community, thereby enhancing their quality of life and/or preventing their inappropriate admission to long term residential care.



L to R: Grace Mc Niven,  
Miss Beatrice Dowling,  
Miss Phyllis Dowling and  
Han Phan

## Students making a difference

Year nine students from Our Lady of Sion College spent a week at Strathdon for Community Service, the Ayin Program, 'Making a Difference'. During this time students completed a life story project on Miss Beatrice Dowling and Miss Phyllis Dowling.

Phyllis will celebrate her 100th birthday in November. Students, Grace McNiven and Han Phan, presented their project to the Dowling sisters.

## Water Tanks Appeal - saving our precious resource

Strathdon seeks your support and generosity with the opportunity to consider a tax effective gift towards realising a great step forward in conserving our water. This appeal aims at purchasing and installing three 30,000L and two 18,000L rain water tanks which would enable residents to continue to care for their gardens using rainwater. To make a donation go to: <http://www.strathdon.com.au>.



Penni Drysdale, Speech Pathologist at Strathdon Community.

## Speech pathology services

Speech Pathologists are involved in the assessment and management of communication and swallowing problems. Difficulties in these areas are common amongst older people. Speech Pathologists are qualified to assist individuals and families to manage and overcome these difficulties and to promote independence and participation.

Difficulties in communication and swallowing can occur for a number of reasons including ageing, stroke, neurological diseases (such as Parkinson's Disease) and dementia.

Speech Pathologists work with individuals, families and staff to promote overall effective communication, which may involve the use of specific speech strategies, exercises and/or environmental modifications. In the case of swallowing difficulties, Speech Pathologists

can advise on swallowing techniques, exercises and/or dietary modifications to reduce the risk of coughing/choking and ill health.

At Strathdon Community, Speech Pathology services are available to older members of the community through the Day Therapy Centre and hostel/nursing home residents via a referral from staff.

## Service of celebration

On the 24th June, Parkmore/Strathdon Uniting Church and the Canterbury Road Community of Churches held a combined Worship Service. This was to commemorate the 30th Anniversary of the combining of the Methodist, Presbyterian and Congregational Churches to form the Uniting Church of Victoria. Rev. Chris Duxbury (pictured below) and Rev. Dr. Allen Edwards led the service which also combined a farewell to Rev. Kerry Bounds (pictured below).

The congregation watched a power point presentation celebrating the past 30 years of the Uniting Church which included particular memories of Kerry's ministry. Allen expressed how he valued Kerry's willingness to step out in faith into new and wider visions of ministry and Chris expressed her gratitude for the opportunity of working with Kerry.

The service concluded with the organist, Mrs Norma Crawford leading the congregation in singing the Aaronic Blessing, "The Lord Bless You And Keep You".



Above: Kiosk volunteers enjoying the Volunteers Luncheon on the 17th May.

## From the Volunteer Co-ordinator

A big thank-you to all who contributed towards the cost of an engraved brick for the Memorial Pathway, remembering past and present volunteers.

It was delightful to meet up with so many volunteers at the luncheon on the 17th May. If you did not receive an invitation, please let me know.

There are many areas of Strathdon where volunteer help is needed. If you are able to spare some time, we welcome your enquiry. Please contact Sue Davey on 9845 3121.

*Sue Davey*



### VOLUNTEER CAR PARKING

Additional car parking for volunteers is available at no.9A Jolimont Road.



## Strathdon farewell retiring staff

Maxine Davey commenced working at Strathdon in April 1996. Her responsibilities over the past 11 years were in senior positions as Evening Supervisor, Care Manager Jack Faichney Memorial Hostel, Quality Manager, Acting Director of Residential Care & Services and Nursing Home Manager. Maxine received a Graduate Diploma in Nursing in 1998 and was highly regarded by all staff. Strathdon Management thanked Maxine for her significant contribution to the quality of care provided to Strathdon residents and families.

### Top Right, L to R:

Denise Allcock (CACP Case Manager), Maxine Davey, Wendy Frankcombe (Care Manager), Ana Mubaslat (Community Programs manager) and Karen O'Farrell (Day Therapy Administration Assistant).

**L to R:** Herb & Evelyn Fleming and Trevor & Dora Nixon.

A farewell afternoon tea was held in the Community Centre on the 19th July. It was an opportunity for the many people, including volunteers, residents and staff, who have come to know Evelyn Fleming, to acknowledge her great contribution over the previous 11 years. Evelyn worked tirelessly as the Communications & Fundraising Manager, was well respected and a true 'people person'. Evelyn is looking forward to having more time to spend with her family and is already an enthusiastic volunteer for Strathdon.



## Coast to coast walk

Created by Alfred Wainwright, the Coast to Coast Walk crosses the north of England from the Irish Sea at St Bees to the North Sea at Robin Hoods Bay. June Edmiston (General Manager) with Sue McClure and Ruth Wilson, volunteers from the Wednesday Weeders, travelled to St Bees and then completed the 307 km walk.

**L to R:** Sue McClure, June Edmiston and Ruth Wilson.



**L to R:** Tony Lenten congratulates Joyce Wong from Weeden Heights Primary School.

## Jazz concert 21 July

The music was sublime and relaxed as Keith Zariello and Joanne Schornikow (pictured below) performed their repertoire of jazz classics to an audience of 120.



## Children's art competition & show 15 - 16 June

This event was well supported by local primary schools including: Burwood Heights, Highvale, Parkmore, St Timothy's and Weeden Heights. Joyce Wong, from Weeden Heights Primary School earned the overall prize for her school of \$150 and was awarded a prize for her winning entry for Years 5-6.

On the evening of the presentations Tony Lenten, artist, art collector and educator spoke to the students about the value of art in education and the importance of expression through art. Tony awarded prizes to each school in the following categories: Prep - Year 4 and Years 5 to 6. We gratefully acknowledge Sir Arvi Parbo AC for his continued support and sponsorship.

## Acknowledgements

### Sensory room equipment

**The Ian Potter Foundation** has assisted with funding towards the new Sensory Room where staff can interact with residents using specialised lighting, music, tactile experiences and aromatherapy.

### Electric floor beds

Residents' dignity, independence and safety is paramount at Strathdon and to this end, older style beds are being replaced with new electric beds. These beds are proven to prevent falls and injuries. Thanks to **The Jack Brockhoff Foundation** and **Perpetual Trustee Company Limited** for their contribution towards twelve new beds.

### New replaces old

**Ian Rollo Currie Estate Foundation** has funded the purchase of a commercial dishwasher to complement the busy kitchen.



This improves efficiency providing meals for over 200 residents daily. Pictured above is Rita Eversteyn, a Kitchen Assistant at Strathdon alongside the new commercial dishwasher.

**Strathdon Community thanks all donors and contributors.**

## Strathdon Community Perpetual Trust

Strathdon has established a trust to receive gifts in perpetuity. Gifts that will live beyond the life of the donor, gifts that will grow with the years, gifts that will enable long term planning, gifts that may be added to over time, and gifts that may be included in a will

For further information, please contact Ann Chan 9845 3105. Cheques are payable to: **Strathdon Community Perpetual Trust**

### RAFFLE WINNER

Congratulations to Heather Eastick, winner of the Strathdon handmade quilt raffle.

## Fundraising event



Tickets on sale now!

### Whitehorse Musical Theatre

Sun 7 October, 2pm and Thu 11 Oct 8pm

The Besen Centre, 87-89 Station Street,  
Burwood. Free parking.

Adult \$36 Child \$25 Group Concession \$33

For event information and bookings please phone 9845 3105



## Ritchies community benefit card

**Don't forget to support Strathdon by becoming a Ritchies cardholder.**

1% of the money you spend on groceries and liquor will be automatically donated back to us.

Many more benefits for cardholders.

Request your FREE card today by phoning 9845 3104 or 9845 3105.

Strathdon Community is a Uniting Church agency in association with the Presbytery of Maroondah. Strathdon provides a wide range of services to the aged in Melbourne's eastern and outer-eastern regions.

General Manager: Ms June Edmiston

Finance Manager: Mr Geoffrey Watkins

### Reception/Admissions:

17 Jolimont Road, Forest Hill 3131 8.30am-4.30pm Mon-Fri

Phone: 9877 5144 Fax: 9894 3489

### Residential Services

Nursing Home: 9 Jolimont Rd, Forest Hill

Hostels: 15 & 17-23 Jolimont Road, Forest Hill

Independent Living Units:

10 Cheryl Street, Forest Hill; 1 Quentin Street, Forest Hill & Yeronga, 32-42 Larch Crescent, Mt Waverley

### Community Services

Community Care Packages, Day Therapy Centre &

Mingara Day Activity Centre: 9 Jolimont Road, Forest Hill

Email: [info@strathdon.com.au](mailto:info@strathdon.com.au) [www.strathdon.com.au](http://www.strathdon.com.au)