

About Uniting Aged Care

Uniting Aged Care Victoria & Tasmania is the largest not-for-profit provider of quality aged care services in Victoria and Tasmania.

We are an organisation of the Uniting Church in Australia, continuing the Church's long history of providing care to older people and we are also a part of the Uniting Church's national UnitingCare network.

Uniting Aged Care Victoria & Tasmania is a leader in the provision of creative options for older people, offering a full range of services including:

Residential Aged Care

- 22 residential facilities throughout Victoria and Tasmania operating 1,655 beds (high-care, low-care and respite care); and,
- 422 units located at 22 Uniting Aged Care sites, (11 of these sites are co-located with our residential aged care facilities).

Community Care

- Community Aged Care Packages;
- Extended Aged Care at Home;
- Extended Aged Care at Home – Dementia;
- Day Therapy Centres;
- Planned Activity Groups and social programs; and,
- Respite Care and Carer Support programs.



Uniting Aged Care Victoria & Tasmania

Strathdon Community
17 Jolimont Road
Forest Hill VIC 3131
(Melway ref: 62 E4)

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Accreditation body:
The Aged Care Standards and Accreditation Agency Ltd.



Volunteering at Strathdon Community



Caring Every Day

**Uniting Aged Care
Victoria & Tasmania**
is an organisation of the
Uniting Church in Australia.

It is the largest
not-for-profit provider of aged
care services in Victoria and
Tasmania.

The role of the volunteer

The volunteer is an indispensable part of Strathdon's care of residents and day clients. The generosity of spirit given by volunteers to our residents and day clients enhances their social wellbeing and quality of life.

Volunteers supplement the abilities of staff by working together to achieve positive outcomes.

How can you help?

Voluntary help can range from weekly involvement to once or twice each month, as suits the interest of the volunteer. Training is available for all volunteers. Volunteers are encouraged to utilise their talents as well as developing new skills when interacting with residents, clients and staff.



Who can volunteer?

Anyone who wishes to give of their time and/or services to Strathdon Community may volunteer. They may be friends or relatives of residents. Volunteers are welcome to associate with our residents on an individual basis or in small groups.

The involvement of the whole community in the care of our residents and day clients is central to Uniting Aged Care's ethos.

Further information

If you would like to find out more about volunteering please contact the Lifestyle/Volunteer Manager on 9845 3130, or e-mail strathdon.info@uacvt.org.au.

Our vision is to work together to ensure Uniting Aged Care Victoria & Tasmania is a leader in the provision of creative options for older people. In doing so, we seek to value the individual and build community.



Areas of assistance include:

- **Leisure & Lifestyle Activities**
Visiting, escorted walks, movie/theatre companion, letter writing, reading, listening to music, transport, escorted shopping, discussion groups, knitting groups, arts and crafts, wood-working, floral arranging, assisting on bus trips, grooming and beauty care.
- **Providing Entertainment**
Singing, music, information sessions, demonstrations, speakers.
- **Services**
Administration, fund-raising events, kiosk and trash'n'treasure sales, library assistance, bed making, kitchen duties, sewing and mending for residents, assisting with maintenance and gardening.
- **Assisting Paramedical Staff**
Physiotherapy, occupational therapy, speech therapy, podiatry, hydrotherapy, rehabilitation and socialisation groups and assistance in the Day Therapy Centre and Mingara Day Activity Centre.

